

6 Steps To Embracing Change

A Program Designed To Help You Overcome Your Fear of
Change and Understand The 6-Step Process To Making
Change a Positive Part of Your Life!



Personal Study Guide

Written by Richard Flint, CSP



*One minute is all it takes to start improving your life.
One minute a day to get you focused and then, off
you go towards success and happiness!*

Just one minute...

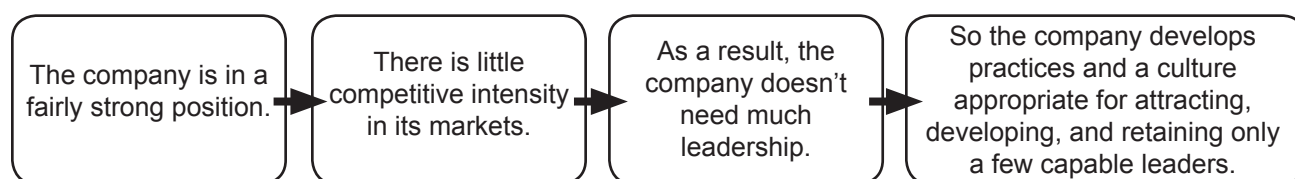
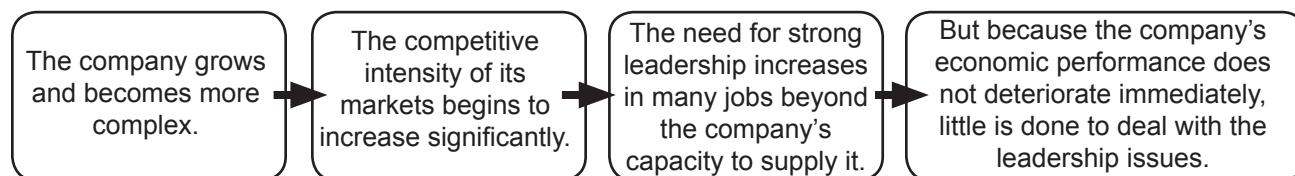
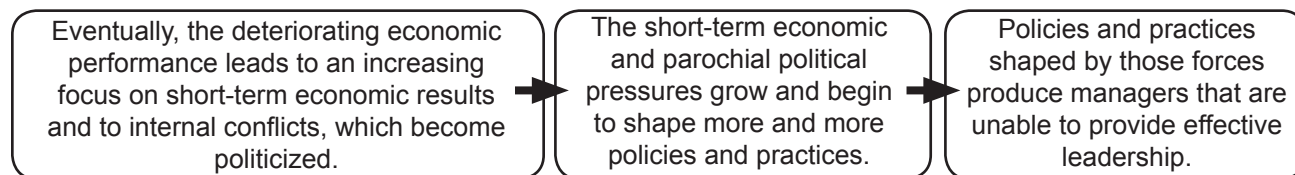
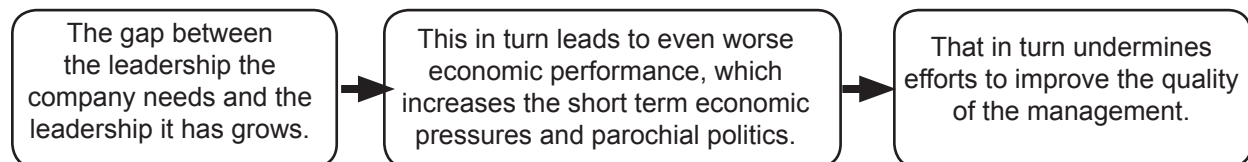
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GUIDING THOUGHT

Change is a fact of life and business. The more you resist it, the more you create a self-destructive environment.

**HOW DO COMPANIES DETERIORATE?
(FOUR TIME TABLES)****TIME TABLE #1****TIME TABLE #2****TIME TABLE #3****TIME TABLE #4**

***This Can Always Be Seen Through A Company's:***

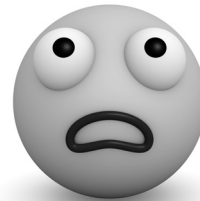
1. Inconsistencies
2. Inefficiencies
3. Non-Partnership People
4. Tired Leadership

**Leader'ism**


Any organization that resist the change that is necessary for it to improve creates its own pathway to self-destruction.

What Makes Change So Fearful?

- C challenges comfortable routines
- H have to face their behavior
- A adjustments will have to be made
- N new ideas will have to be implemented
- G gets to the heart of what is going on
- E emotions of people will have to be dealt with

**NOTES**



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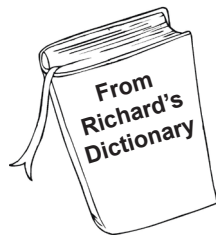
You either live from your emotions up or your mind down.
The direction creates the choices you make.



THE 3 STEP PROCESS THAT GOVERNS CHANGE



ENDING



Ending:

Completing, not just finishing,
where you have been



Leader'ism

Endings provide lessons you can use to find the next path.

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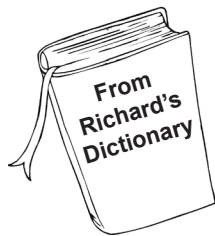
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THE 3 STEP PROCESS THAT GOVERNS CHANGE



REGROUPING



Regrouping:

Taking the necessary time to reflect on where you have been, what you have learned and be willing to move forward with a clear purpose.



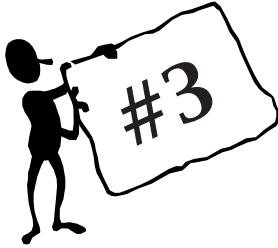
Leader'ism

If you don't take the time to regroup and reflect, you will lose the lessons you have learned along the way.

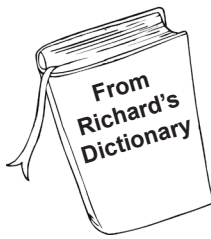
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THE 3 STEP PROCESS THAT GOVERNS CHANGE



BEGINNING ANEW



Beginning Anew:

Where with the ending and the regrouping, you are now ready to move forward with your purpose clear, your agenda in place and the commitment to implement and move forward.



Leader'ism

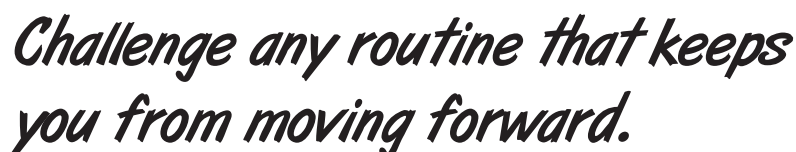
Many want to just jump in and “do it,” without understanding it takes an ending and a regrouping time to be prepared to go forward. If you just “do it,” most of the time you have just “done it!”

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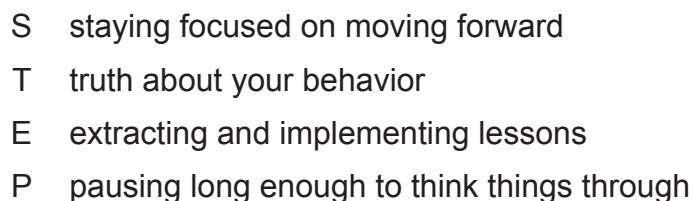
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When you are willing to Embrace Change, you are ready to improve your life, your organization and the environment which you are part of.



If you get stuck in repeating what worked yesterday, you can miss the lessons that can create more opportunities for you.



NOTES

[illegible]

Understanding The 6 Steps To Embracing Change and Creating Improvement



Have a clear vision of where you want to go.

If you don't have a clear picture of where you are headed, it becomes easy to stay where you have been.



- S stay with your purpose
- T trust your instincts
- E environment kept drama free
- P pausing long enough to think things through

NOTES

Understanding The 6 Steps To Embracing Change and Creating Improvement



Never keep people who don't share a common purpose, common agenda and a common commitment with you.

If you are constantly having to drag, pull or push people to go forward with you, you will run out of the energy necessary to make the journey. You must be willing to clear the dead wood!



- S stop building an orphanage
- T take the drama out of the equation
- E examine the commitment of the people
- P pausing long enough to think things through

NOTES

Understanding The 6 Steps To Embracing Change and Creating Improvement



Gather the mental strength to deal with the unexpected and find the pathway to continue to move forward.

The terrain of business is always changing, and you must not let the terrain dictate what you do.



- S stay focused on the purpose
- T take all things at a manageable pace
- E education, education, education
- P pausing long enough to think things through

NOTES

[illegible]

Understanding The 6 Steps To Embracing Change and Creating Improvement



Expect resistance and be prepared to address it.

Change will always create resistance, which you must be prepared for and strong enough to address.



- S stop reacting and always respond
- T talk improvement, not change
- E exercise patience until you start tolerating behavior
- P pausing long enough to think things through

NOTES



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